

# WEEKLY NEWSLETTER

[WEEK OF 12/28/2024]



## QUICK READ NOTES

- Change to NYE practice schedule.
- New block starts Dec 30<sup>th</sup>..
- Middle School first practice is Jan 8<sup>th</sup>..

## UPCOMING DATES

- Start of new block. (Dec 30<sup>th</sup>)

## NEWS & NOTES

### Practice Schedule:

**We are making a change to practice for Dec 31<sup>st</sup>. The new schedule is below, and the online calendars have been updated.**

**Senior: 2:30-6pm**

**Elite: 6-8am**

**AGA: 1-2:30pm**

**AG1: 8-9:30am**

**AG2: 8-9am**

**DEV: Off**

**Locker-rooms WILL NOT be available during these practices so please make sure you plan accordingly.**

### New Block Starts Dec 30<sup>th</sup>:

**Our next block will start Dec 30<sup>th</sup>. If you plan to skip this next block, please let either Coach Garrett or Coach Dan know ASAP.**

### Middle School Swimmers:

**The first MS practice will be Wednesday Jan 8<sup>th</sup> from 4-5:30pm. Club swimmers that plan to be on the MS team please make sure to finish ALL forms on Final Forms before the first practice.**

**Club swimmers will continue to practice with their club group even during the MS season. Wednesdays and Friday's club swimmers will get to practice with those MS only swimmers at 4pm.**

**More detailed information for the season including suits, will be sent the first Monday of the season.**