

WEEKLY NEWSLETTER

[WEEK OF 3/3/2025]



QUICK READ NOTES

- No dryland for Elite, AGA, Ag1 Div swimmers this week.
- Divisional Entry is attached.
- Senior and Age Group state declaration due soon.
- Dine and Donate on March 12th.

UPCOMING DATES

- Divisionals (Mar 7th-9th)
- Dine and Donate (March 12th)

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page!!](#)

NEWS & NOTES

Schedule for Week:

Due to taper this week a few groups will have modified schedules on Tuesday/Thursday.

Elite Taper: 4-6pm (No Dryland)

AGA: 6-7:30pm (No Dryland)

AG1: 6-7:30pm (No Dryland)

Friday/Saturday: No practice for AGA, AG1, AG2, Dev due to Divisionals. Elite State will practice with Senior on Friday PM and Saturday AM

Divisionals Entry:

Attached to this email is the entry list for Divisionals. Please look over it to make sure you are aware of what your child is swimming. No changes are allowed to be made, and all entries were chosen by the coaches with help from the swimmers.

We will be doing relays at this meet. A separate PDF is attached to this email with additional details regarding those relays.

An itinerary for this meet will be sent out Thursday.

Senior State and Age Group State:

Entries for these two meets will be due soon. Coach Garrett and Coach Darrick will handle both declaration and entries for these meets. If you are not able to go for some reason, please let either of them know ASAP.

Dine and Donate!

Freddy's Frozen Custard and Steakburgers has agreed to be a part of our dine and donate program on March 12th! Attached to this email is a flyer detailing the times and how you can go about buying dinner and how much goes back to the club!