

WEEKLY NEWSLETTER

[WEEK OF 5/18/2025]



QUICK READ NOTES

- No schedule changes for this week.
- Current block ends May 24th
- Seahawk Invite deadline is May 26th.
- Beat the Heat entries are due June 6th.
- June/July schedule attached.
- Dive and Donuts this Saturday.

UPCOMING DATES

- Dive and Donuts (May 24th)
- Seahawk Invite Entry Deadline (May 26th)
- Beat the Heat Entry Deadline (June 6th)

NEWS & NOTES

Schedule Change for Week:

We have no schedule changes for the week.

This Saturday will be the last practice of the current block. Swimmers will return June 2nd.

Seahawk Invite:

The entry deadline for this meet is May 26th.

This meet fills quickly so please make sure to register by the date above.

Please remember that the meet host has made the meet Friday and Saturday only.

Beat the Heat:

This meet is now active to register for. The registration deadline is June 6th. Please make sure to register before this point. If you have any questions, please reach out to your group coach.

June/July Schedule:

Attached to this newsletter is the June/July calendar. This schedule will start June 2nd.

Dive and Donuts:

Westfield Aquatics is excited to host a Dives and Donuts event for swimmers of all groups this Saturday, May 24th, from 9:30 a.m. to 10:30 a.m.

Swimmers can show off their diving skills in a fun, friendly competition—prizes will be awarded for the best dive in each age group!

After the competition, swimmers will have a chance to enjoy a sweet treat with donuts from local donut shops.

The sign-up link is below!

[Dive and Donuts Link](#)