

WEEKLY NEWSLETTER

[WEEK OF 6/23/2025]



QUICK READ NOTES

- AG1 and AG2 practice changes go into effect today.
- Volunteers needed for CMCV meet..
- Seahawk Invite entries attached.
- Tie Dye Day is June 30th.

UPCOMING DATES

- CMCV Meet (June 26th)
- Tie Dye Day (June 30th)
- Seahawk Invite (July 11-12th)

New to the club?
[Click here for our FAQ page!!](#)

NEWS & NOTES

Practice Schedule for Week:

Just a reminder that we are making a few practice schedule changes as we now have a better idea of space. The changes are below and will start today.

AG1 Tuesday/Thursday: 12:30-2pm

AG2 Mondays: 5-6p

CMCV and Beat the Heat Volunteers:

Thank you to all parents that helped with the Beat the Heat meet! Below is a link to help volunteer for the CMCV meet on Thursday.

As a reminder, families that do not fulfill their volunteer requirements for the club during a season can be fined.

<https://www.signupgenius.com/go/20F054FACAA2CA7F58-57323358-cmcv>

Seahawk Invite:

The final entry for this meet is attached to the meet page. Please look over them to make sure you are aware of what your child is swimming. The meet is full, and no changes or additions will be allowed.

Tie Dye Day June 30th:

We're excited to host Tie Dye Day on June 30th for all our swimmers! Shirts will be provided — swimmers will get to tie dye them during their group's scheduled time. An email was sent detailing each group's tie dye times. We need parent volunteers to help run the stations, and we also need a few supply donations. If you can help or donate, please sign up here:

<https://www.signupgenius.com/go/60B0F49A5AE28A3F94-57287579-tiedye>.