

# WEEKLY NEWSLETTER

[WEEK OF 6/9/2025]



## QUICK READ NOTES

- Normal Schedule this week.
- Practice changes for AG1 and AG2 starting June 23rd.
- Beat the Heat entries attached.
- Seahawk Invite entries attached.
- Indy Aquatic Masters is partnering with us.

## UPCOMING DATES

- Beat the Heat (June 20-22<sup>nd</sup>)
- Seahawk Invite (July 11-12<sup>th</sup>)

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## NEWS & NOTES

### **Normal Practice Schedule:**

We will be operating on a normal practice schedule this week.

### **Practice Changes Starting June 23rd:**

We are making a few practice schedule changes as we now have a better idea of space. The changes are below and will start June 23<sup>rd</sup>.

**AG1 Tuesday/Thursday: 12:30-2pm**

**AG2 Mondays: 5-6pm**

### **Beat the Heat:**

Attached to this newsletter is the first round of entries for Beat the Heat. Please look over them to make sure you are aware of what your child is swimming.

Limited changes will be made.

### **Seahawk Invite:**

Attached to this newsletter is the final round of entries for the Seahawk Invite. Please look over them to make sure you are aware of what your child is swimming.

The meet is full and no changes or additions will be allowed.

Additionally, all hotel blocks are now full. If you are still looking for a room please reach out to Coach Garrett.

### **Indy Aquatic Masters:**

Westfield Aquatics is now partnering with Indy Aquatic Masters to offer a master's swim program. More information regarding this is listed under our "Masters" tab on our website! Be sure to check it out if you are interested!